



# SOUL RETREATS INTERNATIONAL

*Journey Within. Discover Beyond.*





In a world full of constant noise and endless demands, *Soul Retreats International* offers a sacred pause — a space to slow down, reflect, and realign with your true self.

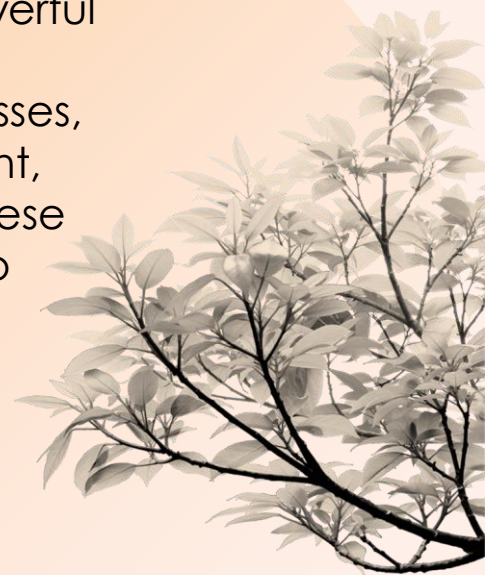
We curate deeply transformative retreats in serene, soul-nourishing settings across the world. Our experiences are thoughtfully designed to help participants reconnect with their inner essence, explore life's deeper questions, and awaken to greater clarity, purpose, and peace.

Rooted in ancient wisdom and enriched by powerful healing modalities, our retreats blend conscious breathwork, SKY Healing™, nature-based processes, inner-child work, elemental breathing, movement, mindfulness, and heartfelt group interactions. These immersive journeys gently guide participants into deeper layers of awareness and healing.

At Soul Retreats International, we welcome women, couples, seniors, corporate leaders, and seekers from all walks of life who are ready to embrace transformation and step into their most authentic selves.

**Come, take the journey within.**

*Discover the boundless beyond...*





# *How participants will benefit...*

Our retreats are more than just a getaway — they are life-changing inner journeys designed to bring deep healing, clarity, and transformation. Each participant walks away with something profoundly personal and empowering.

## **Reconnect with Your True Self**

Detach from the noise of the outer world and rediscover who you truly are beneath the roles and responsibilities.

## **Heal Deep Emotional Wounds**

Through guided inner-child work, breathwork, and SKY Healing™, release past pain, emotional blocks, and limiting patterns.

## **Awaken Purpose and Direction**

Gain insights into your soul's path and life's deeper meaning, enabling you to move forward with clarity and confidence.

## **Experience Emotional and Physical Release**

Learn powerful tools to manage stress, anxiety, and emotional heaviness — bringing lightness to your being.



# *How participants will benefit...*

## **Deepen Inner Stillness and Mindfulness**

Practice yoga, meditation, and reflective silence to ground yourself in presence and inner peace.

## **Activate Your Energy Centers**

Through conscious breathing and elemental practices (water, fire, nature), experience rejuvenation and energetic balance.

## **Belong to a Soulful Community**

Connect with like-minded seekers in a space of empathy, support, and genuine human connection.

## **Celebrate Joy and Playfulness**

Rediscover joy through cosmic dance, laughter therapy, and inner-child activities that bring lightness to your spirit.





# Retreat destinations...

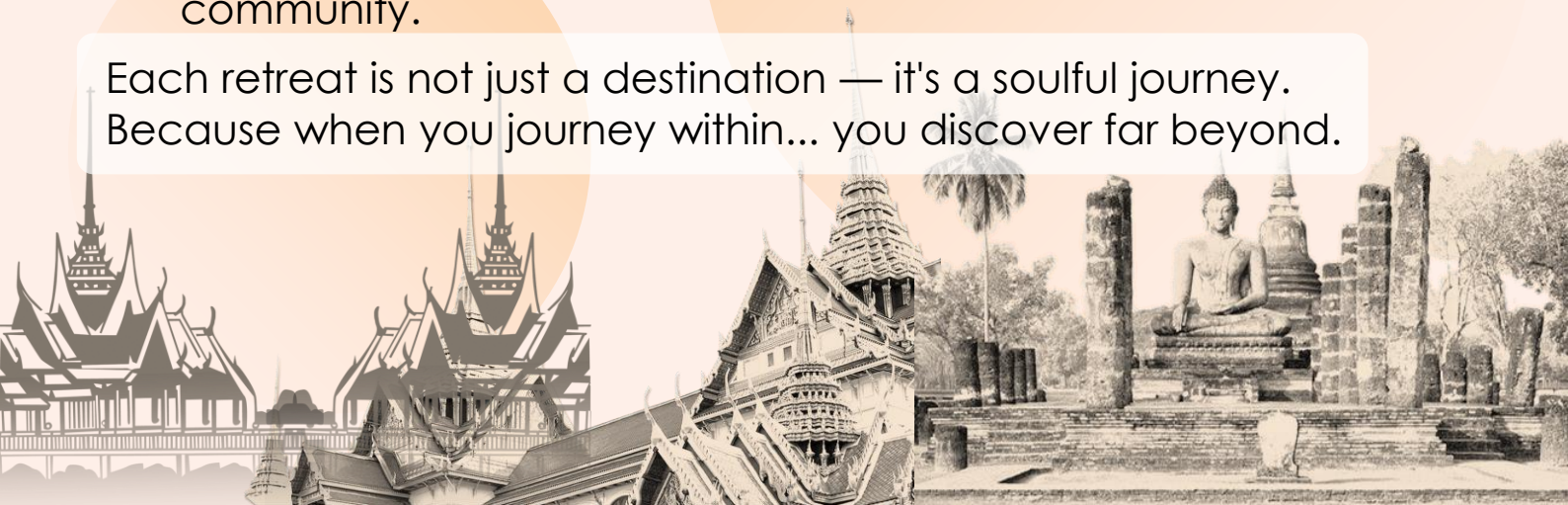
Soul Retreats International is founded on the vision of creating sacred, soul-nourishing spaces across the world — sanctuaries where individuals can pause, reflect, and transform.

We curate our retreats in serene, high-vibrational destinations that naturally support healing and deep introspection. Whether nestled in the lap of the mountains, surrounded by lush rainforests, or immersed in the calm of ancient spiritual lands, each location is chosen to align with the soul's journey inward.

## Upcoming Retreat Destinations Include:

- ❁ Sacred spiritual sites and power spots across Asia, South America, Europe, and North America.
- ❁ Carefully selected venues with natural beauty, tranquility, and cultural depth.
- ❁ Spaces that foster stillness, creativity, reflection, and soulful community.

Each retreat is not just a destination — it's a soulful journey. Because when you journey within... you discover far beyond.



# Our Vision...



To make transformational retreats accessible in soul-stirring locations across the globe.



To bring together ancient wisdom and modern therapeutic practices for deep, holistic healing.



To create a global community of conscious individuals who are aligned, awakened, and living from their highest potential.



To provide a space where people from all walks of life can break away from the noise and realign with their inner calling.



# Our Team...



## **Santosh Joshi**

FACILITATOR

is a renowned Life Coach, PLR Therapist, Author, Trainer, and Founder of SKY™ Healing.

His unique ability to bridge scientific understanding with spiritual wisdom makes him a sought-after speaker and mentor. His workshops bring in deep, positive transformation in lives of participants and help them heal past traumas to live a successful life.

## **Shraddha Khalap**

is a multifaceted changemaker with a deep-rooted passion for healing, empowering, and uplifting lives. A natural empath, she brings a higher intent to her life's work – supporting individuals navigating professional, emotional, and personal challenges. She has successfully combined her entrepreneurial acumen with her mission to serve.



## **Rupali Wagh**

is a Hospitality expert with 15+ years Luxury Hotels experience. She is a people-person who loves creating a welcoming atmosphere and giving great service with finesse to effectively communicate with diverse customers. Demonstrates patience and professionalism to propel excellent customer satisfaction and retention.

Contact us



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